

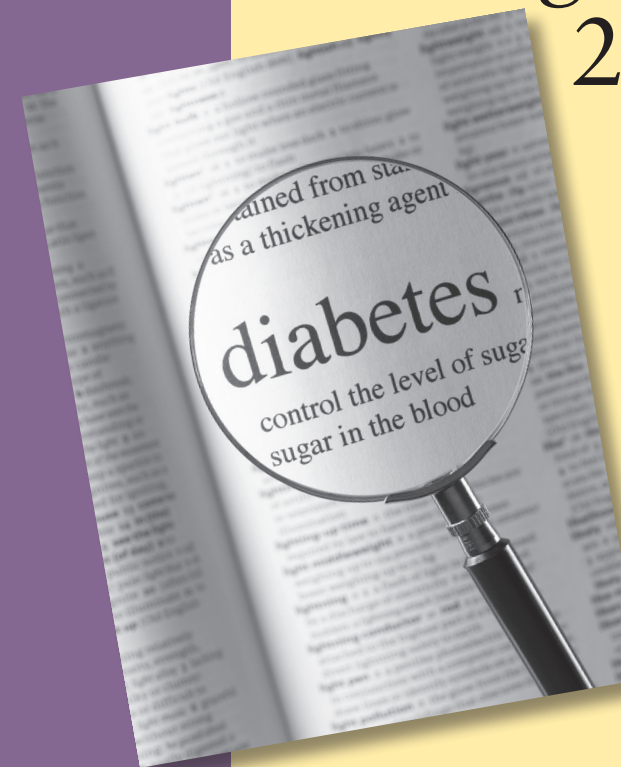


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Seattle, WA 98122-4307

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Diabetes Management Update 2009



Friday, November 20, 2009

Glaser Auditorium
Swedish Medical Center
747 Broadway
Seattle, Washington

REGISTRATION FORM

Diabetes Management Update 2009

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Registration Fees: Please check one of the following:

	Advance Registration	After Nov. 9
Physicians	<input type="checkbox"/> \$130	<input type="checkbox"/> \$160
Allied Health Professionals	<input type="checkbox"/> \$65	<input type="checkbox"/> \$95
Fellows and Residents	<input type="checkbox"/> No Charge	
Medical Students	<input type="checkbox"/> No Charge	

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Registration Information:

Preregistration is required as space is limited. Participants who register by the "Advance Registration" deadline will receive a confirmation postcard after Monday, Nov. 9, 2009. Registrations will only be processed when accompanied by full payment.

Cancellation:

To receive a refund, notice of cancellation must be received no later than Friday, Nov. 13, 2009.

If using the registration form, please mail or fax it to:

Continuing Medical Education
Swedish Medical Center
747 Broadway
Seattle, WA 98122-4307
Fax: 206-386-3180

Please note: No registrations are accepted by phone or e-mail.

If you have special needs, please contact the CME office at 206-386-2755.

Course Description

This course will provide an overview of diabetes management with a focus on medication management, trends in pre-diabetes, needs of lower-income populations and diabetes in relation to depression and kidney disease. Short “rapid-fire” sessions will provide brief updates on a variety of diabetes topics. The goal is to provide family practice and internal medicine physicians and other allied health-care professionals with the knowledge and tools to treat various components of this complex disease.

Intended Audience

This conference is intended for primary-care providers, including those in family practice and internal medicine, as well as other allied health professionals treating patients with diabetes.

Needs Statement

As the number of individuals affected by diabetes continues to grow, health-care professionals are increasingly called upon to help their patients manage the disease and related complications. To meet these rising health-care demands, surveyed members of our target audience indicated a need for updates on topics including pre-diabetes, nephropathy, depression, management of medications and treatment of uninsured and low-income patients. This course will address these and other related topics.

Accreditation with Commendation

Swedish Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™

Swedish Medical Center designates this educational activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP Prescribed Credits

This activity has been reviewed and is acceptable for up to 6.50 prescribed credits by the American Academy of Family Physicians.

Location

Swedish Medical Center is located at 747 Broadway in Seattle, Washington. The conference will be held in the Glaser Auditorium on the first floor of the medical center. Discounted parking is available in the Broadway Garage at 747 Broadway: \$10 all day with your CME certificate from this symposium. From I-5 (northbound and southbound), take the James Street exit. Travel east on James Street. Turn left (north) onto Broadway. Turn left into the main hospital entrance and follow the signs to the Broadway underground parking garage.

FOR FURTHER INFORMATION

Phone: 206-386-2755
Fax: 206-386-3180
E-mail: cme.registration@swedish.org
Web: www.swedish.org/cme

AGENDA

- 7:30 a.m. Registration and Continental Breakfast
- 8 a.m. Welcome and Introductions
- 8:10 a.m. Non-Insulin Diabetes Agents: Potency, Safety and Cost
Michael Shannon, M.D.
- 8:55 a.m. Rapid Fire — Diabetes in Washington State: Is This a Big Deal?
Chris Pelto, R.N., CDE
- 9:05 a.m. To Start or Not to Start (Insulin): That Is the Question
Gary Enzmann, M.D.
- 9:50 a.m. Q&A Session
- 10:05 a.m. Break
- 10:20 a.m. Rapid Fire — Top Nutrition Questions
Sarah Engel, R.D., CDE
- 10:30 a.m. Managing the Underinsured, Unemployed and Homeless: Lessons Learned in the Community Clinic Setting
Angela Bartels, R.N., BSN
- 11:15 a.m. Q&A Session
- 11:25 a.m. Rapid Fire — Foot Care: Put Your Best Foot Forward
Sandy Sinnes, R.N., BSN, CDE
- 11:35 a.m. Identifying and Managing Renal Complications of Diabetes
Christine Logar, M.D.
- 12:20 p.m. Q&A Session
- 12:30 p.m. Lunch (meal provided)
Optional Video (non-accredited): *Diabetes Comes Home*
- 1 p.m. Rapid Fire — Know Your Numbers
Kathleen Magee, R.N., BSN, CDE
- 1:10 p.m. Effectively Treating Depression in Patients with Diabetes: An Update for 2010
Paul Ciechanowski, M.D., MPH
- 1:55 p.m. Q&A Session
- 2:05 p.m. Rapid Fire — Immunizations in Diabetes
Gary Enzmann, M.D.
- 2:15 p.m. Break
- 2:30 p.m. Pre-Diabetes: What Is It? How Is the Diagnosis Made? What Are the Treatment Options?
Edward W. Lipkin, M.D., Ph.D.
- 3:15 p.m. Q&A Session
- 3:25 p.m. Rapid Fire — Eat This, Not That
Kelly Van Horn, R.D., C.D., CDE
- 3:35 p.m. Adjourn

Course Objectives

At the conclusion of this course, participants will provide better patient care through an increased ability to:

- Describe the “diabetes toolbox” of non-insulin therapies, their evolution and their mechanisms of action; review the ADA consensus statement for initiation and adjustment of therapy; and discuss the efficacy, safety and financially prudent uses of non-insulin glucose-lowering agents
- Identify major trends in benchmarks for diabetes care and discuss the incidence of diabetes and obesity in Washington state
- Discuss the latest recommendations for when and how to initiate insulin therapy in the patient who has diabetes, review the types and properties of different insulin formulations and describe practical guidelines regarding choice and dosage of insulin therapy in the treatment of diabetes
- Identify the most common misconceptions about the diabetes meal plan and describe basic meal-plan recommendations for people with diabetes
- Identify the challenges to self-management in the under- and un-insured population, implement practical strategies for improving blood glucose control and health outcomes in this population, balance the realities and constraints facing this population with established national recommendations and guidelines, describe the problematic patient barriers to optimal treatment (e.g., financial, emotional, psychological) and discuss treatment strategies and sources of help in challenging financial situations
- Review 2009 ADA Clinical Practice Recommendations for foot care and identify key elements of a basic foot exam
- List and use appropriate screening tools for renal disease in the patient with diabetes, identify patients with renal complications from their diabetes early in the course of their disease, describe optimal lifestyle and medication management for overall renal health in patients with both pre-diabetes and diabetic nephropathy, appropriately refer to nephrology for co-management of renal disease and explain complications of renal disease in the population of people with diabetes
- Interpret patient lab values in order to formulate an action plan to meet American Diabetes Association standards of care
- Recognize the high prevalence of depression in patients with diabetes, review optimal medication utilization in patients with diabetes and depression, describe how maximal treatment of depression will improve management of diabetes and help prevent complications, evaluate and improve patients’ capacity to collaborate in the setting of diabetes treatment and describe how to help patients implement coping skills for living with a chronic disease
- Present current recommendations on immunizations in patients with diabetes
- Identify patients at risk for developing type 2 diabetes, describe screening strategies to identify these patients, provide appropriate health recommendations for patients with pre-diabetes to help prevent the development of overt diabetes and list the risk factors for pre-diabetes that will aid in early recognition of the disease
- Recognize high carbohydrate content of restaurant meals when offered a visual display of menu items

Acknowledgments

This symposium is supported in part by educational grants and exhibit fees, in accordance with ACCME Standards. At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the time of the symposium.

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