

Reduce Risk by Improving Health

MAINTAIN CONTROL	IF YOU...	YOU REDUCE YOUR RISK FOR...	REDUCE YOUR RISK
	Maintain good blood sugar control	Health problems due to diabetes: <ul style="list-style-type: none"> • Kidney disease • Nerve damage • Organ damage • Eye disease • Blood vessel damage 	
	Maintain good control of your levels of blood fats, including LDL and HDL cholesterol and triglycerides	<ul style="list-style-type: none"> • Heart disease • Blood vessel damage throughout the body 	
	Control your blood pressure	<ul style="list-style-type: none"> • Heart disease • Stroke 	
	Detect and treat early kidney disease	<ul style="list-style-type: none"> • Further kidney damage, including kidney failure 	
	Detect and treat foot problems	<ul style="list-style-type: none"> • Further problems with your feet, including amputation 	
	Detect and treat eye problems such as retinopathy	<ul style="list-style-type: none"> • Vision loss 	
	Take an aspirin daily*	<ul style="list-style-type: none"> • Heart attack, stroke and cardiovascular disease 	
Quit smoking	<ul style="list-style-type: none"> • Peripheral artery disease and related amputation 		

*If prescribed by your doctor

Medicare Part B patients: Call 1-877-231-5199 and mention reference code **ED06500** to order your diabetes testing supplies.
Web site: www.RxSolutions.com/diabetes

The information in this educational tool does not substitute for the medical advice, diagnosis or treatment of your physician. Always seek the help of your physician or qualified health provider for any questions you may have regarding a medical condition.

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