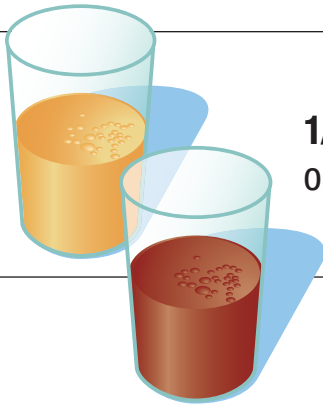
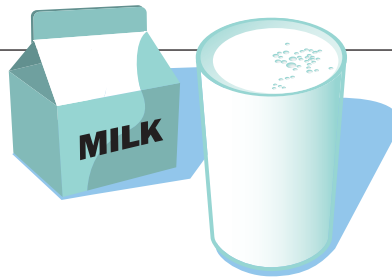


Treatments for Low Blood Sugar

- Use any of these quick-sugar food choices to help treat low blood sugar.
- Check blood sugar again after 15–20 minutes. If it is still low, have another choice.
- Always keep a supply of quick-sugar food with you.

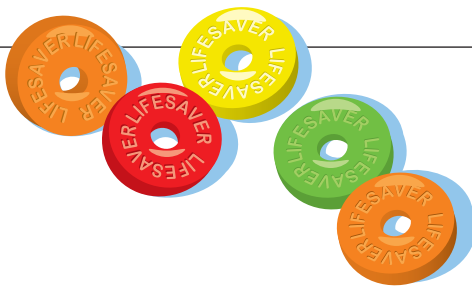


1/2 cup (4 ounces) of any fruit juice
or regular (*not diet*) **soft drink**



1 cup (8 ounces) of low-fat milk

3 glucose tablets (*or dose listed on the package for 15 grams of carbohydrates*)



5 or 6 pieces of hard candy, such as Lifesavers®

1 tablespoon of honey



Medicare Part B patients: Call 1-877-231-5199 and mention reference code **ED06500** to order your diabetes testing supplies.
Web site: www.RxSolutions.com/diabetes

The information in this educational tool does not substitute for the medical advice, diagnosis or treatment of your physician. Always seek the help of your physician or qualified health provider for any questions you may have regarding a medical condition.

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