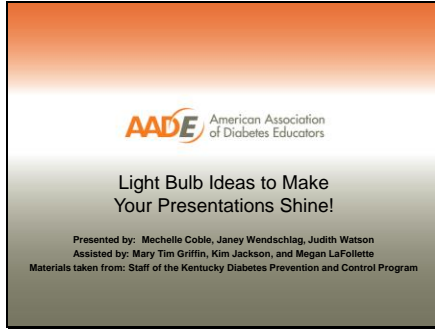


Slide 1



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Slide 2



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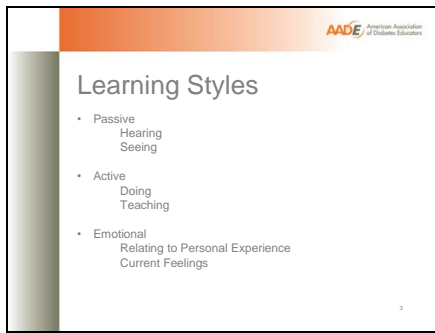
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Slide 3



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Slide 4



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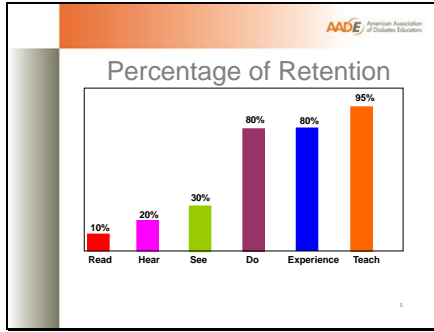
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Slide 5



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Slide 6



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Slide 7

**AADE** American Association of Diabetes Educators

## Choosing the Right Tool for the Job

Comfort Level

Presenter  
Participants

Time


Presentation  
Preparation

Audience

Size  
Age

Availability

Material  
Equipment  
Resources  
Personnel



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Slide 8

**AADE 7** American Association of Diabetes Educators  
Self-Care Behaviors

## Using Your Tools to Teach

Categories of Tools	Healthy Eating	Being Active	Monitoring	Taking Medications	Problem Solving	Healthy Coping	Reducing Risks
Story Telling							→
Props: Off the shelf	Food Models Portion plates Meal measure	Pedometers Stretch Bands Exercise DVDs	Meters Logbooks	Syringes Medicine Containers	Glucose Tabs Ketone Strips	Stress balls Bubbles Puzzles	Eye simulator Arteries Toothbrush
Props: Do-it-yourself	Healthy Plate Place Mat Label reading	Exercise Back Pack	A1c	Large pills	What's happening? Pattern Management Board	Stress Balls	Eye glasses with foot Plastic eye balls Foot wear
Games	What's missing? Game Wheel						→
Written materials	Meal Plans Carbohydrate Counting, Plate Method, Diabetes Food Pyramid	Exercise booklets	Instructions - demo	Drug charts	Exchange lists Nutrition info	Journaling	Diabetes Basics and Nutrition Basics (VDFP)

Kentucky Diabetes Prevention and Control Program      **Light Bulb Ideas to Make Your Presentations Shine!**      AADE 2015      page 6

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Slide 9

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## Spotlighting the AADE 7

Monitoring

Example: Props



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Slide 10

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### Spotlighting the AADE 7

Healthy Eating



Example: Written Materials

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Slide 11

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### Spotlighting the AADE 7

Being Active



Example: Games

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Slide 12

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### Spotlighting the AADE 7

Taking Medicines



Example: Props

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Slide 13

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### Spotlighting the AADE 7

Healthy Coping

Example: Story Telling



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Slide 14

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### Spotlighting the AADE 7

Reducing Risks

Example: Games



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Slide 15

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### Spotlighting the AADE 7

Problem Solving

Example: Story Telling



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Slide 16

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### Use Tools Effectively

- Purpose driven
- Don't overwhelm
- Read your audience
- Keep it Simple



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Slide 17

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### Evaluate

- Written
- Expressions
- Oral Feedback
- Demonstration
- Behavior Change
- Self Assessment



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Slide 18

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### Growing Your Toolbox

- Networking
- Creative Ideas
- Educational Offerings
- Self Study



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Slide 19

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What Is In Your Toolbox?

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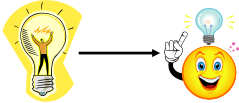
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Slide 20

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In conclusion think of at least 3 light bulb ideas that you can use to make your presentations shine.



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Slide 21

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