

**2019 WADE Annual Conference
Agenda Speakers Objectives
Tacoma, WA**

Thursday - 4/25- 2019 WADE Preconference

TIME	TITLE	SPEAKER	OBJECTIVES
12:30-2pm	<u>Fad Diets & Diabetes Management:What's the Evidence?</u>	Maureen Chomko, RD/CDE	<ol style="list-style-type: none"> 1. Discuss differences between current dietary recommendations for diabetes management & weight loss and recommendations of fad diets. 2. Describe difficulties of intermittent fasting in clinical trials and the real world. 1. Identify who is an appropriate candidate for a Mediterranean diet. 2. Recognize preferred eating plan for diabetes prevention. 3. Analyze benefits vs potential harms of ketogenic diet.
2:00-3:00 pm	<u>Standards of Care for MNT vs Nutrition Education in DSME: What's the Difference?</u>	Megan Ellison, RD/CDE	<ol style="list-style-type: none"> 1. Compare and contrast differences and similarities between MNT and Nutrition Education in DSME. 2. List standards of care related to nutrition & MNT in DSME. 3. Recognize the collaborative roles of the RD & RN in addressing nutrition in DSME. 4. Identify your scope and areas for improvement in your own practice or amongst your DSME team.
3:00-5:00 pm	<u>The Future is Plants: Integrating a Whole Foods Plant-Based Diet in Diabetes Education</u>	Ineke Ohajen, Dr. Lancaster	<ol style="list-style-type: none"> 1. Define a Whole Food Plant-Based Diet. 2. List 3 benefits of whole plant foods. 3. Recognize the basic components of a whole foods plant-based recipe.
6:00-8:00 pm	WADE BOARD MEETING	Lido Board Room	
8:00-10:00 pm	<u>BACK TO THE FUTURE SOCIAL</u>	SPONOSR: Omnipod	Movie/popcorn/wine/beer

Friday – 4/26 – Main WADE 2019 Conference

TIME	TITLE/OBJECTIVES	SPEAKER	OBJECTIVES
Keynote Speaker 8am-9am	Leveraging Your Strengths: Shaping Your Future	Nancy D'Hondt, RN	<ol style="list-style-type: none"> 1.Explain value-based population health as a framework for the integration of diabetes self-management services. 2.Describe the vision for the domain of diabetes education and cardiometabolic conditions in future health care and delivery. 3.List at least two ways that technology can enhance the health experience for the PwD and/or healthcare provider.
9am-10am	Diapression: Practical Approaches to Addressing Depression in Individuals with Diabetes	Paul Ciechanowski MD	<ol style="list-style-type: none"> 1.Demonstrate understanding of the various ways that depression manifests in those with diabetes. 2.Accurately assess depression, diabetes distress, and co-morbid anxiety among diabetes populations. 3.Identify effective ways to work with healthcare teams to appropriately manage depression, diabetes distress and anxiety.
10:20am-11:20am	Navigating the Complexities of Provider-Patient Communication: A Medical Journey with Type 1 and Eating Disorders	Quin Nystrom, MS	<ol style="list-style-type: none"> 1.Describe what life was like when I was diagnosed with type 1 diabetes and then an eating disorder. 2 Recognize the various coping stages one may go through after a diabetes diagnosis and how the Language of Diabetes played into it. 3.Compare and contrast different medical professionals and the approaches they use in interacting with patients, and how those can affect one's life care with diabetes and how they view their chronic illness.
Breakout 1A – 11:30 – 12:30	Technology in diabetes care – Emerging Level	Charlotte Parsons FNP-BC/CDE Chris Fisher RD/CDE	<ol style="list-style-type: none"> 1.Describe the role of the CDE. 2.Identify 3 pump options and their features. 3.Describe the elements of basic pump set-up.
Breakout 1B 11:30-12:30	Technology in diabetes care – Advanced Level	Meghann Moore, RD/CDE	<ol style="list-style-type: none"> 1.Compare and contrast the current FDA approved insulin pumps and explain upcoming advancements among these technologies. 2.Compare and contrast the current FDA approved continuous glucose monitoring systems (CGMS) and explain upcoming advancements among these technologies. 3.Recognize and identify the relevant insulin pump reports and their data, including blood glucose and sensor glucose patterns and proposed therapy adjustments based on observed data.
Breakout 2 – A 1:30pm-2:30pm	Medication Management in Diabetes- Emerging Level	Cheyenne Newsome, PharmD	<ol style="list-style-type: none"> 1. Discuss mechanism of action, common side effects, contraindications, and clinical pearls for antidiabetic medications. 2. Describe patient specific considerations for appropriate medication therapy for patients with type 2 diabetes. 3. Given a patient case, recommend optimal anti-diabetic medications based on benefits and possible side effects.
Breakout 2-B 1:30pm-2:30pm	Medication Management in diabetes – Advanced level	Faaiza Alibhai, PharmD	<ol style="list-style-type: none"> 1.Review medication management of diabetes “Back to the Future”. 2.Identify target organs for MOA of diabetes medications. 3.Compare and contrast 2019 AACE, ADA and EASD guidelines. 4.Recognize newer medications and implications of use.
2:40pm-3:40pm	Clinical Inertia: How long does it take to go from 0-85?	Jennifer Okemah RD, CDE	<ol style="list-style-type: none"> 1.Define the term Clinical Inertia 2.Define the role of the Diabetes Educator in the medical team. 3.Discuss targets and goals for patients.
4:00pm-5:00pm	CDE Panel: A Look Back, and to The Future	Cindy Brinn RD,CDE, Alison Evert RD,CDE, Dawn Jae RD,CDE, Jamy Miller RD, Julia Kelley ARNP	<ol style="list-style-type: none"> 1.Explain the history of the formation of CDE credential 2.Define the role of the CDE on the medical team today 3.Compare and Contrast the career pathways of seasoned CDE's with the current new CDE's

Saturday 4/27 – Main WADE 2019 Conference

<u>TIME</u>	<u>TITLE</u>	<u>SPEAKER</u>	<u>OBJECTIVES</u>
8:00-9:00 am	Sodium Glucose Co-transporters Inhibition and Diabetic Kidney Disease	Radica Alicic, MD	<ol style="list-style-type: none"> 1. Recognize impact of epidemics of diabetic kidney disease and importance of morbidity and mortality associated with it. 2. Describe the role of SGLTs inhibition in treatment of diabetes. 3. Review the cardiovascular and kidney outcomes of the recent clinical trials.
9:00-10:00 am	Cardiovascular outcomes trials: What does it mean for the CDE's?	Carol Wysham, MD	<ol style="list-style-type: none"> 1. Describe management of CVD and diabetes therapies prior to CVD Trials. 2. Explore the history and process of Cardio Vascular Outcome Trials (CVOT). <ol style="list-style-type: none"> 1. Compare and contrast published CVOT trials 2. Identify upcoming trials. 3. Define role of CDE in CV/DM management.
10:20-11:20 am	Diabetes and Low Vision: Rehabilitation, Past, Present, and Future	Tina McDonald, OD, CDE	<ol style="list-style-type: none"> 1. List the stages of Diabetic Retinopathy and other Ocular Complications. 2. Demonstrate familiarity with the terms and descriptions of Vision Impairment and Blindness. What is the significance of those terms? 3. Describe two reasons why the Interdisciplinary relationship between Optometrists and Diabetes Educators is important for those with Diabetes and Vision Loss.
11:30-12:30pm	Providers Panel Experiences with CDE's: What works, what are the challenges, where are we going? Your are our Density	Carol Wysham, MD Paul Ciechanowski, MD John Peng, MD William Martin, PA Julia Kelley, ARNP, CDE Mary Janci, ARNP, CDE	<ol style="list-style-type: none"> 1. Explain overview of CDE history and role on medical team. 2. Identify professional experiences with CD's. 3. Discuss proposed questions to panel.
Breakout 3a 1:40-2:40 pm	Effective Transition of Diabetes Care: Inpatient to Outpatient	Christian Lewis, ARNP	<ol style="list-style-type: none"> 1. Define "Transition in Care". 2. Describe the need for effective transition of care to the adult world. 3. Discuss challenges and barriers faced by emerging adults.
Breakout 3b 1:40-2:40	Effective Transition of Diabetes Care: Pediatric to Adult	William Martin, PA	<ol style="list-style-type: none"> 1. Define "Transition in Care". 2. Describe the need for effective transition of care to the adult world. 3. Discuss challenges and barriers faced by emerging adults.
3:00-4:00pm	Goldstein speaker: Back to the Future of JDRF Research	Derek Rapp, CEO JDRF	<ol style="list-style-type: none"> 1. Describe involvement and interest in Type 1 Diabetes and JDRF. 2. Discuss role as President, CEO of JDRF International. 3. Identify and recognize the needs of T1D In the community.